



**WINCHESTER
COLLEGE**

The Professional Master
Program in

MENTAL HEALTH & FAMILY COUNSELING



CERTIFIED

HIGHLIGHTS

- ✓ 3 focused subjects
- ✓ +150 learning hours
- ✓ Expert-led curriculum
blending theory and practice
- ✓ Culturally sensitive and ethically
grounded counseling education

WHAT YOU'LL LEARN

- ✓ Advanced counseling techniques
- ✓ Psychopathology and diagnosis
- ✓ Therapeutic interventions for
trauma and crisis
- ✓ Ethical considerations in counseling practice

Call +44-7472-1876-15

www.winchestercollege-uk.com

OUR OFFICE

7 Coronation Road, Dephna House,
LAUNCHESE #105 - LONDON



Subject 1:

FOUNDATIONS OF COUNSELING PSYCHOLOGY AND THEORETICAL FRAMEWORKS

BRIEF:

This subject introduces students to foundational theories and principles in counseling psychology. It covers topics such as counseling theories, ethical considerations, human development, psychopathology, and theoretical approaches to mental health counseling.

IMPORTANCE:

Understanding the foundational theories is crucial as it provides the framework upon which counseling practice is built. It offers insight into various psychological perspectives and helps students comprehend the basis of therapeutic interventions.

METHODOLOGY OF TEACHING:

- ✓ Lectures and seminars to introduce theoretical concepts.
- ✓ Readings and case studies to apply theories to practical scenarios.
- ✓ Discussions and debates on ethical dilemmas and theoretical perspectives.
- ✓ Assignments assessing the comprehension and critical analysis of theoretical frameworks.

FINAL DISCUSSION:

A final discussion can involve a comprehensive assessment of students' understanding of counseling theories, their applications, ethical considerations, and critical thinking about theoretical perspectives in mental health counseling.



Subject 2:

PSYCHOPATHOLOGY, INTERVENTION STRATEGIES, AND ETHICAL PRACTICE

BRIEF:

This subject delves deeper into psychopathology, diagnosis, treatment approaches, and ethical considerations in counseling practice. It covers various mental health disorders, intervention strategies, ethical guidelines, and cultural considerations in mental health.

IMPORTANCE:

A thorough understanding of psychopathology and ethical practice is essential for effective counseling. It equips students with knowledge about different mental health conditions and ethical standards crucial for responsible and effective counseling.

METHODOLOGY OF TEACHING:

- ✔ Case studies and role plays to understand real-life applications of intervention strategies.
- ✔ Guest lectures from practitioners sharing their experiences and ethical challenges.
- ✔ Workshops focusing on cultural sensitivity and ethical decision-making.
- ✔ Research assignments exploring specific mental health disorders and ethical dilemmas.

FINAL DISCUSSION:

A final discussion may involve case analysis, ethical decision-making scenarios, and discussions about intervention strategies in various mental health conditions, assessing students' knowledge application and ethical considerations in counseling practice.



Subject 3:

ADVANCED COUNSELING SKILLS, ASSESSMENT, AND PROFESSIONAL DEVELOPMENT

BRIEF:

This subject emphasizes advanced counseling skills, psychological assessment tools, career counseling, research methods in counseling, and professional development in the field.

IMPORTANCE:

Developing advanced counseling skills, assessment techniques, and understanding research methods are crucial for effective practice. Additionally, focusing on professional development prepares students for future roles in the counseling field.

METHODOLOGY OF TEACHING:

- ✓ Simulated counseling sessions for skill development.
- ✓ Training in using psychological assessment tools.
- ✓ Workshops on career counseling, research methodology, and publication ethics.
- ✓ Seminars and presentations on professional development and ethical considerations in research.

FINAL DISCUSSION:

The final assessment might include practical skills assessments, research project presentations, or a comprehensive exam evaluating students' mastery of advanced counseling skills, assessment techniques, research methodologies, and their understanding of professional development in counseling.